

# Building A Positive Identity

## “My Personal Museum”

**Ages:** 5 and up

**Purpose:** Children need to take time to identify and talk about the things they value in their lives. In this activity, children are asked to draw objects that are important to them in their own Personal Museum.

**You will Need:** A copy of the Personal Museum from the next page, Crayons or markers

### Introduce the activity by saying:

Imagine if you had a museum with everything important to you on display. What would you place in your museum? What kinds of things would tell museum visitors about how special you are?

There are many kinds of museums: art museums, history museums, science museums, train museums, toy museums, and so on. But this is your museum, so you can put anything you want in it. There is no “wrong thing” to put in your museum—if it is important to you, it belongs in your museum.

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